

# Lake City Figure Skating and Spokane Figure Skating Club Membership Policy

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## Who We Are

The Lake City Figure Skating (LCFS) Learn to Skate USA program at Frontier Ice Arena is operated by Spokane Figure Skating Club (SFSC). SFSC has been a member of U.S. Figure Skating since 1934, and for over 80 years has hosted figure skating programs and competitions in the greater Spokane and Coeur d'Alene areas.

## Learn to Skate USA Membership

When a skater enrolls in their first Learn To Skate (LTS) class at Frontier Ice Arena, a portion of the enrollment fee is used to register the skater with the LCFS / U.S. Figure Skating Learn to Skate USA program for the current skating year (July 1 through June 30). Learn to Skate USA membership provides the Learn to Skate USA record book, parent handbook, Sport Accident Insurance and other benefits described on the [Learn to Skate USA](#) web site.

LTS classes are offered year-round, and provide an introduction to basic skating skills in a very affordable, group setting (\$84 for 7 weeks). As skaters progress, LTS members can accelerate their learning in the Rising Stars Bridge Program, perform in skate shows and competitions, as well take private lessons for individualized instruction. Rising Stars, private lessons and practice time are held during the "Freestyle" sessions.

## Individual Lessons and Freestyle Ice Sessions

Skaters looking to perform, compete, test or just enhance their skating skills can schedule private lessons with their coach to meet their skating goals, schedule and budget. The skating curriculum continues through the Learn to Skate USA Basic Skills and Freeskate levels into the official U.S. Figure Skating track for local, national and Olympic figure skaters. Ice time and membership are purchased through LCFS / SFSC, and lessons are scheduled and purchased directly with the coach. Public skating sessions at Frontier Ice Arena are good for additional practice, and SFSC coaches may teach introductory lessons during Public sessions as well.

SFSC rents about 6 hours of ice time each week from Frontier Ice Arena for figure skating "Freestyle" sessions. SFSC club members may use the Freestyle sessions for lessons and practice at the club member rate of \$10 per session or \$115 for a monthly pass. Active LCFS Learn to Skate USA members may also skate at the SFSC club member rate through the end of the skating year (June 30). Skaters and coaches who are current members of other U.S. Figure Skating clubs may use of SFSC club Freestyle sessions at the non-member rate of \$13 per session, or may join SFSC as a second-club member. **For insurance reasons, all skaters and coaches on LCFS / SFSC club Freestyle sessions must be current U.S. Figure Skating or Learn to Skate USA members.**

## SFSC Club Membership

In the 2013-2014 skating season, SFSC invested a substantial amount to purchase Freestyle ice sessions for skaters to develop and for the club to rebuild after the rink had collapsed in 2008. A U.S. Figure Skating Community Development Grant and funds raised from cohosting the 2010 U.S. Figure Skating Championships helped to subsidize the \$195/hour ice time.

For the 2014-2015 season, starting July 1, 2014, skaters shall join SFSC to benefit from the club Freestyle sessions. SFSC membership includes U.S. Figure Skating membership privileges, which allows skaters to test, compete and perform in U.S. Figure Skating sanctioned events, and also provides Skating Magazine, Sport Accident Insurance and other benefits described in [Membership \(http://usfsa.org/membership\)](http://usfsa.org/membership).

SFSC and U.S. Figure Skating offer a **one-time** introductory membership rate of \$40 for the first family member and \$25 for subsequent family members. After the first year, regular SFSC home-club membership is \$85 for the first family member, \$35 for the second family member and \$25 for subsequent family members. SFSC and U.S. Figure Skating also offer a special Collegiate membership rate to currently enrolled college students at \$105 for a 4-year membership.

## LCFS and SFSC Member Coaches

Learn to Skate USA Coaches for the LCFS LTS classes are selected by SFSC. Each skating season, the coach must pay the \$12 Learn to Skate USA instructor fee, and if 18 or over, pay the \$20 background check (if not already covered by the U.S. Figure Skating coach background check). LCFS Learn to Skate USA coaches must also successfully complete the free PSA CER C courses and LTS Litmos Certification Exam.

Coaches wishing to teach on Freestyle sessions must be full SFSC / U.S. Figure Skating home-club members (except as noted in [Non-SFSC and Second-Club coaches](#) below). Coaches of Non-Test or higher students must also be current U.S. Figure Skating registered coaches, which requires Coach Liability Insurance, background check, and PSA CER B or A courses as outlined in [Coaches Requirements \(http://usfsa.org/story?id=84159\)](http://usfsa.org/story?id=84159).

SFSC home-club coaches are granted teaching privileges on club Freestyle sessions without paying admission. Also, as an incentive for SFSC home-club coaches who complete their U.S. Figure Skating coaching requirements *and* are current certified (CER A or B) PSA members, SFSC will pay (or reimburse) their SFSC home-club membership fee.

No coach may teach on any LTS or club Freestyle session until he/she has successfully completed the appropriate Learn to Skate USA or U.S. Figure Skating coaching requirements for the current skating season.

## Non-SFSC and Second-Club Members

Skaters who are current members of other U.S. Figure Skating clubs are granted use of SFSC club Freestyle sessions at the non-member rate of \$13 per session. These skaters may join SFSC as second-club members, and may then use the SFSC club Freestyle sessions at the \$10 club member rate. SFSC second-club membership is \$60 for the first family member and \$35 for subsequent family members.

## Non-SFSC and Second-Club Coaches

Coaches from other clubs who present their current U.S. Figure Skating Coaching Compliance Card may also teach their skaters on SFSC club Freestyle sessions at the \$13 non-member rate. These coaches may join SFSC as second-club members, and are then granted teaching privileges on club Freestyle sessions without paying admission. All non-SFSC and second-club coaches must adhere to the LCFS / SFSC Guest Coaching Policy.